

Bread from Heaven, Water from a Rock ³²

Objective:

God always helps us and provides for all our needs.

Introduction:

Ask the children: If we need something, who should we ask? Who takes care of all our needs?

Lesson Outline:

A long time ago, the people who loved God were living in Egypt, and had to do some very hard work for the king. God told His people that He will give them a new land in which to live and it will be much better for them; it was Moses who will lead them to this land. The people had to travel for a very, very, very long time, for days, and for weeks. It took them 40 years of travelling to arrive at the new land. All their food was finished in the first few days. They started to worry and to tell Moses that they had no more food..., but God did not leave them hungry. God told Moses that He will rain bread from heaven for them.

The next morning they woke up, and yes...this is what they saw..., little white puffs falling from the sky. They started getting baskets and collecting them and they made them into bread. No one had ever seen anything like that before. They were so happy and amazed. They called this bread “manna.” Manna tasted sweet like it had honey in it. Since that day God gave all these people manna from heaven every day during their journey. When they become thirsty, they told Moses. Moses prayed and God made water come out of a rock for them and they all drank as much as they wanted. God gave them all that they needed all the time on their trip. He was their helper and did not want them to be afraid of anything because He was always with them.

God always helps us and takes care of our needs. We should never be afraid or worried, because we know that God is our Father. He loves us, keeps us safe, and gives us all what we need. We must remember to always thank God for everything.

Song: (The lord is my Helper) <https://www.youtube.com/watch?v=SJs1lo1Edhg>

The Lord is my helper,
The Lord is my helper,
The Lord is my helper;
I will not be afraid.

God loves the world He made.

God loves you, too!
God knows your every need.
He will help you through.

Extras:

Memory Verse:

"The Lord is my helper; I will not be afraid" Hebrews 13:6